

MILROY SENIOR CENTER

Center Manager: Carla Lane

BRING A FRIEND

Hours: 8:30 AM—2:00 PM

MIFFLIN-JUNIATA AREA AGENCY ON AGING, INC

Center Phone: 667-2547

CARS Phone Number: 717-242-2277

All Activities are Optional

OCTOBER 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 “Memory Day” Bring in an item from your junk drawer that gives you a happy memory!	4 Fun with Words - Give your brain a workout! HSIM	5 Flu Shots 12:15-1:15 p.m. Bingo	6 Take a cool crisp fall walk out on the track. HSIM	7 Friday Night Football - wear your fave Team Colors Football Talk/Memories
10 Games of choice	11 CENTER CLOSED FOR AGENCY STAFF MEETING	12 Bingo	13 Random Dessert Day - Bring in a dessert ingredient we'll see what we can whip up! HSIM	14 Games of Choice
17 International Day of Older Persons - What is your favorite thing about being a senior?	18 Education & Bingo w/Amanda Brehman from PRN HSIM	19 Bingo	20 Luncheon at CVR Yeagertown HSIM	21 Bring in your recipes to share for our recipe book.
24 Jigsaw Puzzles & Word Games	25 Education & Games w/ Gail from Medi-Home Health HSIM	26 Bingo	27 Health Talk w/Scott Davidson HSIM	28 Tick or Treat? Bring a treat to share Halloween Stories
31 Remembering “Grover’s Mills” today. Share a memory & Listen to a clip of the War of the Worlds				