

FOUR SEASONS SENIOR CENTER

Center Manager: Rachel Foltz

BRING A FRIEND

Hours: 8:30 AM—2:00 PM



MIFFLIN-JUNIATA AREA AGENCY ON AGING, INC

Center Phone: 436-6847

CARS Phone Number: 717-242-2277

All Activities are Optional

NOVEMBER 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Puzzles	2 HSIM at 10:00 Center Meeting at 11:00 Cards & Puzzles	3 Hand & Foot Card Game Puzzles	4 HSIM at 10:00 Medi Home Health & Hospice (Alzheimer's) Cards & Puzzles
7 HSIM at 10:00 Joys & Concerns w/ Linda Fultz Cards & Puzzles	8 Puzzles 	9 HSIM at 10:00 Nibble & Natter at 11:00 Cards & Puzzles	10 Hand & Foot Card Game Puzzles	11 CENTER CLOSED 
14 HSIM at 10:00 Joys & Concerns w/ Pastor Kerlin Cards & Puzzles	15 Puzzles	16 HSIM at 10:00 PTH w/Scott Cards & Puzzles	17 Hand & Foot Card Game Puzzles	18 HSIM at 10:00 Lunch at the Church Jam Session Cards & Puzzles
21 HSIM at 10:00 Health Talk w/Vanessa Cards & Puzzles	22 Puzzles	23 HSIM at 9:00 Bingo w/Christine at 10:00 Cards & Puzzles	24 CENTER CLOSED 	25 HSIM at 9:00 Movie Day w/ McAlisterville (here) Cards & Puzzles
28 HSIM at 10:00 Medical Notes— “Parkinson’s Disease” Cards & Puzzles	29 Geriatric Interest Network (G.I.N.) Lunch & Bingo @ 4 Seasons Senior Center 11:00 a.m. - 2:00 p.m.	30 HSIM at 10:00 Medical Notes— Health Talk w/ Teresa Cards & Puzzles	Birthdays: Joyce R.—3rd Betty A.—15th Pat G.—16th	Birthdays Continued: Barb K.—17th Midge D.—21st David H.—28th