

Senior Center: Richfield

Hours: 8:30AM - 2:00PM

Center Phone: 717-694-3240

CARS Phone Number: 717-242-2277




Month/Year: December 2015

Center Manager: Mary Lou Williams

BRING A FRIEND

MIFFLIN JUNIATA AREA AGENCY ON AGING, INC.

All Activities are Optional

Mon		Tue		Wed		Thu		Fri	
		1	CENTER CLOSED	2	EXERCISE W/ RLR *WII BOWLING *Word Search/Cards	3	Out to Eat @ OIP *Preventing Hydration w/ Manager	4	CENTER CLOSED
7	CHRISTMAS PARTY W/ JUNIATA Co. CENTERS @ Richfield CTR.	8	CENTER CLOSED	9	9AM-Birthday Celebration 10AM-Medi Home Health Program *Dice Bingo	10	MAKE OUR OWN MEAL TODAY *Games of Choice	11	CENTER CLOSED
14	 10AM-Program w/Scott *Gift Exchange *Cards	15	CENTER CLOSED	16	 *ICE CREAM SOCIAL *Dice Bingo *Puzzles	17	*Getting ready for JAMS Session *Ten Ways to get 5 Fruits & Veggies a day w/ The Manager	18	CENTER CLOSED
21	10AM CENTER MEETING *Word Search *Painting	22	CENTER CLOSED	23	11AM Exercise w/ RLC *Tips for the Winter w/ The manager	24	SING X-MAS CAROLS *Games *Christmas Puzzles	25	 CENTER CLOSED
28	OUT TO EAT@ County Line *Bingo	29	CENTER CLOSED	30	10AM Blood Pressures w/ Alisha *Dice Bingo	31	LAST DAY AT CENTER Reminiscing & Socializing		