


OCTOBER "LIVE WELL, LOVE MUCH, LAUGH OFTEN" 2016

MONDAY 3RD CHEESE OMELET SAUSAGE PATTY ORANGE JUICE BANANA OR BLUEBERRY MUFFIN MILK	TUESDAY 4TH PORK CHOP MASHED POTATOES SAUERKRAUT MANDARIN ORANGES RYE BREAD MILK	WEDNESDAY 5TH CHICKEN & GRAVY MIXED VEGETABLES BUTTERMILK BISCUIT APPLESAUCE MILK	THURSDAY 6TH SPAGHETTI W/ MEATBALLS GREEN SALAD W/ RANCH ITALIAN BREAD BANANA PUDDING MILK	FRIDAY 7TH LEMON PEPPER FISH PARSLEY POTATOES PEAS FRESH FRUIT DINNER ROLL MILK
MONDAY 10TH MEATLOAF W/ GRAVY EGG NOODLES GREEN BEANS CRANBERRY JUICE WW DINNER ROLL MILK	TUESDAY 11TH CLOSED AGENCY STAFF MEETING	WEDNESDAY 12TH STUFFED GREEN PEPPER IN TOMATO SAUCE TWICE BAKED POTATO LIMA BEANS FRESH FRUIT WW BREAD & MILK	THURSDAY 13TH HAM POT PIE SLICED CARROTS CRANBERRY ORANGE SALAD WW DINNER ROLL MILK	FRIDAY 14TH HAMBURG BBQ OVEN FRIES BRUSSEL SPROUTS YOGURT WW HAMBURGER ROLL MILK
MONDAY 17TH CHICKEN ALFREDO FETTUCINNI NOODLES ROMANO MEDLEY FRESH FRUIT WW BREAD MILK	TUESDAY 18TH GOULASH GREEN SALAD W/ ITALIAN DRESSING DICED PEARS BREAD STICK MILK	WEDNESDAY 19TH BREADED FISH SANDWICH MACARONI & CHEESE STEWED TOMATOES CUCUMBER SALAD WW HAMBURGER ROLL MILK	THURSDAY 20TH MEATBALL HOAGIE W/ SAUCE PARMESAN CHEESE SUMMER BLEND VEGS PINEAPPLE TIDBITS COTTAGE CHEESE WW ROLL & MILK	FRIDAY 21ST HAM SLICE SWEET POTATO CASSEROLE CAULIFLOWER GRAPE JUICE WW DINNER ROLL MILK
MONDAY 24TH BBQ CHICKEN THIGH BROCCOLI, CHEESE & RICE CALIFORNIA BLEND APPLE WEDGES WHOLE WHEAT BREAD MILK	TUESDAY 25TH SAUSAGE SANDWICH PEPPERS/ONIONS AU GRATIN POTATOES FRESH FRUIT SALAD SAUSAGE ROLL MILK	WEDNESDAY 26TH SALMON W/ CRABMEAT BROWN RICE DICED BEETS ORANGE WW BREAD MILK	THURSDAY 27TH CHEESEBURGER BAKED BEANS COLE SLAW PEACHES WW HAMBURGER ROLL MILK	FRIDAY 28TH CHILI SHREDDED CHEDDAR CHEESE DICED PEARS SALTINES CORN MUFFIN
MONDAY 31ST CHEESE OMELET SAUSAGE PATTY ORANGE JUICE GINGERBREAD COOKIE MILK				
MENU SUBJECT TO CHANGE WITH OR WITHOUT NOTICE				